

APRIL 2012

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INTRODUCTION

In Ontario, we have not really had a real winter; (spring began in January, I think). The news from the clubs includes what has been happening over the short winter.

As a treat, we have an interview with Sensei **Ron Sheyan** Rokudan. Ron is celebrating 30 years of training with the Toronto Wado-Kai and we thought it would be an opportunity to hear from him. Many of you know that Ron was a roving sensei for a number of years, traveling from club to club to offer unique lessons and to support the club Sensei with their classes. For a change in format you will find the interview in front of News from Clubs.

I hope everyone is talking with your Sensei about booking the **TWKK Training Camp** in June. Be sure to get your reservation in early. With the way the weather has been in Ontario so far, I expect June will be superb! Workouts on the beach, by the water and on a beautiful day, just can't get any better.

For more exciting news, plans have begun for a **2013 Bahamas Trip**! You may have noticed the Bahamas display at the recent Toronto Tournament. For those who missed the 2010 expedition, just ask those who went last time about how great a trip it was. Look back to our 2010 summer issues, as well, to read about the great times and experiences the karate-kas enjoyed. I suggest that now would be the time to start building up your savings toward the trip. More information will be forthcoming when plans have been formulated. If you are even remotely interested in hearing more and joining the fun, please send your contact information to bahamamamas@live.com.

We share the unhappy news of the imminent closing of one of our dojos west of Toronto. Look for the article with Sensei **Joe Fagundes'** reflections.

Also, we have the results of the Winter Tournament in Thornhill to share. Enjoy!
> EDITOR **ROBB DODS**

TORONTO WADO-KAI KARATE CLUB LTD.

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Thirty-Year Anniversary for Sensei Ron Sheyan

As the editor I had the privilege of interviewing my friend Ron Sheyan and asked him to reflect on his many, many (many... ㊤) years training in the Toronto Wado-Kai community. I have provided Ron's thoughts in the format of a Q&A – I asked, and he mused. > **EDITOR ROBB DODS**

Ron, when and where did you start your karate training? How old were you?

I started for a brief period of time in 1971. I was living in Toronto (Don Mills) and my brother-in-law talked me into taking some classes in Oshawa where he lived. It was the fall and I didn't have any trouble traveling back and forth. The style was Chito Ryu and I really enjoyed it. But as winter set in I was getting nervous about driving my \$150.00 car back and forth to Toronto late at night. At that time, between Oshawa and Agincourt, the highway 401 was two lanes going east and two lanes going west, was poorly lit, and there was no such thing as a cell phone to use if you got into trouble.

There was good cause for concern about late-night winter driving, so I ended my classes in Oshawa. I decided to join a club in Don Mills, but that didn't last long. It wasn't a very friendly club at all. It was like the Cobra Kai in the Karate Kid movie, even though that movie was years away from being produced.

Many years passed and during that time I relocated back to my home town, Oshawa. My wife Beth and I were blessed with three children. Life in general got very busy. In January of 1982, a local newspaper had an article about a karate club that had just started up at Durham College. It received a very nice write-up and had just completed its first session. I phoned the contact number listed in the paper and spoke to Sensei **Jose-Carlos Garcia**. I signed up and was participating before the month had ended. I have never stopped since that first class. I was 33 years old at the time.

***"I think Karate
chose me"***



Why karate? Why the Toronto Wado-Kai?

In my teen years I had a friend that took Judo lessons and that was something that interested me. My family couldn't afford the lessons, so it was just something that I kept in the back of my mind as "something to try" when I could afford it. That came about when I graduated from College and had landed a job. I joined a very reputable club, but had my dreams dashed when I discovered that I really didn't like judo. My brother-in-law knew of my disappointment and that is why he invited me to join the Chito Ryu club shortly after he joined about a year later. You asked "Why karate?". I think Karate chose me. Had I not been disappointed with judo, I might be being interviewed about my "40+" years in judo at this time ㊤.

What was your profession back then? Did your career change during the same period of time with the TWKK organization?

In January of 1982, I was an Operations Shift Manager at General Motors' main Data Centre in Oshawa. During my time in karate I had many job progressions and changes over the length of my career at GM (and subsequently EDS): Operations Technical Specialist, Purchasing Manager, Finance Manager, Technical Support Manager, Account Manager, and, finally, I managed a group involved with New Business Development. I retired happily in January of 2004.

What were your first impressions of the club you joined and of the organization back then?

With regards to the Durham College club, I found the classes to be challenging and very interesting. Since it was a new club, there were numerous white belts and yellow belts. If I had joined a "mature" club with a large number of senior belts I may have felt a little intimidated about joining, but that is an unknown. The club was very welcoming and Sensei Jose-Carlos and his senior student were very good at making all of the students feel welcome and competent in what they were doing for the belt level they were at. With regards to the organization, I had very little knowledge of it beyond the Durham College Club. We would have to go to the Ryerson Club to be graded. When I walked into the Ryerson Club for the first time and saw the size of the class and the full range of kyu ranks and several students with dan ranks, it was very impressive and you knew you were a part of something big.

What do you remember that was so different then, compared to now?

This is a quick and simple answer. There was no such thing as a children's class at that time. Also, there were not many women involved. Today, it is almost the opposite. The children and teens outnumber the adults and there are many girls and women involved. Things have moved in a very positive and all encompassing fashion over the years.

Tell us a little about how far you trained with your Sensei before branching out.

I trained under the direction of Sensei Jose-Carlos from 1982 until 1997 by which time I had received my 4th dan. In 1986, Sensei Jose-Carlos started a Children's Class at Durham College. I became involved in assisting with the Children's class and eventually became responsible for running it. It was a fun, challenging, and rewarding time.



"Persist, train hard, overcome the obstacles... Never stop being a student"

You were very involved in visiting other dojos between training at your "old" dojo and starting your own club. What was that like?

While training at Durham and teaching the Children's class, a couple of the students who started after me and attained their Black Belts had started up their own dojos. I had reached a point with the Children's Class in 1996 that I felt someone else could, and should, look after it. Sensei Carlos took over the teaching aspects and I became a "student only" again after many years of performing dual roles. After a period of time I thought that there was more I could be doing (I'm a restless guy) and decided to become a modern day "Martial Arts Circuit Rider".

I spoke to several of the local Sensei, who were all more junior ranks, to see if they'd be interested in having me visit and



teach on a regular basis. There was a resounding “come on down”! I mapped out a monthly schedule and began helping the Sensei in Port Perry, Courtice, Bowmanville, and Ajax / Pickering. I also taught a monthly Shindo class, attended the monthly Yudansha class at Ryerson and attended Sensei **Steve Borda's** monthly Senior Belt class in Etobicoke. It was a very rewarding period of time! I got to meet so many wonderful students at the various clubs and was able to offer the Sensei a tiny bit of relief from their teaching duties. I would always have a monthly theme that would, hopefully, be of interest, something a little different from the regular class. It worked out well for all involved.

What made you decide to open your own club?

That's actually a hard question. I guess, even though I was out and about on a regular basis, I was teaching / training on average only once a week. That wasn't enough. Also, other Sensei had started successful clubs, why couldn't I? It was worth a chance. I'm glad I took it!!!

In your three decades of training, what strikes you most as the high points in your training?

From a personal point of view, the achievement of my dan grades have always been high points. I've also become involved with **Sensei Manara's** organization as a Director in a couple of different roles at various times. My greatest high points though are seeing, on a regular basis, the successes of my students, and the continuous support that I receive from my senior students (**Heather, Anthony, Annemarie, the two Steve's, Eric, Alex, and Cindy**) and two of my mid-level students (**Fiona and Mark**). I find these successes and the support extremely fulfilling and that's what keeps me going!

In closing, what sage observations could you provide karate-kas of different ages regarding their life and karate training?

Persist, train hard, overcome the obstacles presented, set and attain your goals. You'll find that the benefits gained through your training in karate reach well beyond the walls of the dojo, and I'm not just talking about the physical benefits. Hard physical training develops strong mental capabilities. At a point in time in your training, you need to decide to give back by helping wherever and whenever you can. Broaden your scope of responsibilities. Never stop being a student.

CONGRATULATIONS TO THE NEW BLACK BELTS

The following karate-kas were promoted in February and March.

Jessica Leonard, Clarington Club was promoted to Junior Shodan.

Michael Leonard, Clarington Club was promoted to Shodan.

Veronica Cizmar, Seikikai Club was promoted to Nidan.

Maksym Voznyy, Seikikai Club was promoted to Shodan.

Joseph Tanel, Thornhill Club was promoted to Nidan.

Kristina Haghgoo, Thornhill Club was promoted to Junior Shodan.

Robyn Mayer, Thornhill Club was promoted to Junior Shodan.

Jan Longo, Port Perry Club was promoted to Nidan.

NEWS FROM CLUBS

CLARINGTON Karate Club, Courtice ON

Sensei Derek Barton,
Nidan
(2nd Degree Black Belt)

Sensei Weldon
Zabizewski, Nidan
(2nd Degree Black Belt)

MONDAY AND
WEDNESDAYS:
6:30 – 8:00PM





CLARINGTON
Karate Club, Courtice
ON

Clarington had the privilege of having Sensei Dave Manara visit and teach our class.



Sempai **Michael** received his 1st Dan.

Another successful Tournament – congratulations to all participants!



Congratulations to **Austyn**, **Jade**, and **Jason** on achieving their next belt.



Welcome all the new students to Clarington. We look forward to seeing everyone at Training Camp!



PORT PERRY Karate Club, Port Perry, ON

Sensei Ron Ruskay Godan
(5th Degree Black Belt)

SCOUT HALL

SUNDAY AND TUESDAY:
7 – 8:30PM

Welcome to new students **Mary** and **Austin**. Congratulations to **Bill Swan** who placed second in Sparring at the Thornhill Tournament February 25 2012.

Sensei Dave Manara visited Port Perry Wado-Kai Sunday March 25, 2012 as part of his tour of all the TWKK clubs. Sensei Dave announced the promotion of **Jan Longo** to Nidan (2nd Dan). Congratulations to Jan on her new rank!

PPWK will be on hiatus July and August. The Fall session will start Tuesday September 4, 2012. PPWK wishes everyone a safe and happy summer. See you at Karate Camp.



SEIKIKAI MARTIAL ARTS Karate Club, Etobicoke, ON

Sensei Steve Borda Sichidan
(7th Degree Black Belt)

**C.O. Sensei Veronica
Cizmar Nidan**
(2nd Degree Black Belt)

SUNDAY, WEDNESDAY &
FRIDAY

FAMILY CLASS:
7:00 – 8:00PM

TEENS/ADULTS:
7:00 – 8:30PM

We were happy to have Sensei Manara teach our class on January 20th. With the West End club joining ours, it was an energetic and large group. Thank you very much to Sensei Manara and all who came out!

Sensei **Larry O'Grady** recently celebrated 25 years in Wado-Kai! A special and surprise presentation was made of a photo book. A little walk down memory lane from Larry's humble beginnings as a white belt. Congratulations Sensei Larry!

A successful ranking in February promoted **Max Voznyy** to Shodan and **Veronica Cizmar** to Nidan. Congratulations to you both!

(See pictures on the next page)



Seikikai Martial Arts Karate
Club, Etobicoke ON





OSHAWA-WHITBY Karate Club, Oshawa ON

Sensei Jose-Carlos Garcia,
Sichidan
(7th Degree Black Belt)
C.O. Theresa Virgin, 1st
Kyu
(Brown Belt)

YWCA CENTRE

ADULTS: TUESDAY &
THURSDAY:
7PM TO 8:30PM

CHILDREN:
TUESDAY & THURSDAY:
6:30PM TO 8PM

WALTER E HARRIS PUBLIC SCHOOL

CHILDREN BEGINNERS:
MONDAY & WEDNESDAY:
6:30PM TO 7:30PM

CHILDREN ADVANCED:
MONDAY & WEDNESDAY:
7:35PM TO 8:35PM

Already it is spring, both officially and regarding the weather; it has been incredible! Our winter session has fostered several rankings, and they are as follows:

Ethan M. (Brown), **Don S.** (Green), **Julia S.** (Orange), **Kevin S.** (Orange), **Allison B.** (Green), **Aliyah Z.** (Yellow)



Not pictured: **Joshua Alcobendas** (Blue) Walter E. Harris, **Milo Getz** (Green) Walter E. Harris



Rachelle H. (Yellow), **Caleb L.** (blue), **Tobi J.** (Yellow)



OSHAWA-WHITBY Karate
Club, Oshawa ON

Tina C. (1st Stripe), **Jaida C.** (1st Stripe), **Evan L.** (1st Stripe), **Delsin R.** (1st Stripe)



The spring session has now started and we are looking forward to fun and successful classes.

So far this season, there have not been any announcements regarding engagements, weddings, nor babies –but should this change, we will keep you posted.

**BROOKLIN-
WHITBY Karate
Club,
Brooklin, ON**

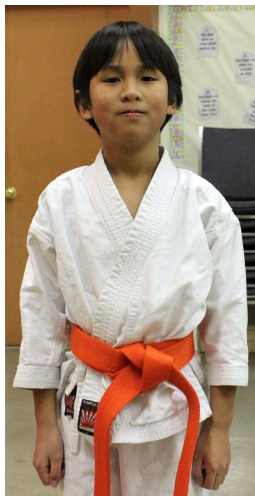
Sensei Ron Sheyan,
Rokudan
(6th Degree Black Belt)

**C.O. Heather Cant-
Woodward, Yodan**
(4th Degree Black Belt)

MONDAY AND THURSDAY:
7:00 – 8:30PM

Congratulations to ALL OF THOSE who have recently tested for their new ranks!!!

Shown here, after their grading in January, are: **Stephane** (Orange Belt), **George** and **Marco** (Brown Belts) with Sensei **Heather**.





BROOKLIN-WHITBY Karate Club, Brooklin, ON

In late February and early March several students were graded to Yellow Belt. Starting in the back row and 3rd from the left is **Craig**, then **Brian**, then **Gillian**. They are surrounded by the instructors who helped them attain their new rank: Sensei **Annemarie**, Sempai **Alex**, Sensei **Heather**, and Sensei **Anthony**. In the front row (L-R) are: **Mackenzie**, **Madeline**, **Madison**, **Keegan**, **Mary**, and **Matthew**.



An Invitation To Broaden Your Horizons

Brooklin-Whitby Karate runs a monthly Senior Belt class. Students from all clubs are welcome to attend. Classes are held on the last Monday of the month at 8:30 PM. Please e-mail Sensei Ron Sheyan at karate@rogers.com if you would like to be placed on an e-mail distribution list. You can also visit www.brooklinkarate.com and click on the "News, Events, Cancellations" tab for further details.

Thornhill - Winter 2012 Invitational Tournament

On Saturday, February 25, a group of students from the Brooklin-Whitby dojo attended the "Winter" tournament held in Thornhill. THANK YOU for your participation!

Pictured below and flanked by Sempai **Fiona** and **Mark** are (L-R): **Jack**, **Kadin**, **Dorian**, **Griffin** and **Tyler**.





**LAURENTIAN
VALLEY Karate
Club, Pembroke,
ON**

**Sensei Marg Michael
Godan**
(5th Degree Black Belt)

Sensei Jim Sullivan Godan
(5th Degree Black Belt)

TUESDAY & THURSDAY:
6:30 – 8:00PM

We had two rankings, one in January and one in February. Congratulations to both of our new green belts, Jakob and Wendy!



Sempai Ben B., Jakob S., and Sensei Jim Sullivan.



Sempai Ben B., Wendy Delaurier and Sensei Jim Sullivan



**BAHAMAS/
CARIBBEAN
AIKIWA Karate
Do / Kubudoh
Association**

**Sensei Freeman W.
Thurston, Rokudan**
(6th Degree Black Belt)

CENTRE

MONDAY & FRIDAYS:

5:30 – 7PM

SATURDAYS: 10AM – 12PM

YMCA

MONDAYS & WEDNESDAYS: 4
– 5PM

SATURDAYS: 1 – 2PM

AIKIWA Wado Kai Karate - Community Centre Annual Open House 2012

Wado-Kai karate-kas in our Youth Outreach Community Karate Training and Development programs participated in our annual Community Centre Open House Thursday 29 March, 2012.

The public demos staged alongside the youth activities (arts & crafts, singing, dance troupe, basketball, tennis, sewing, Spanish & French classes) are also part of our periodic promotional efforts in concert with Grand Bahama Local Government agencies, Freeport City Council, and Ministry of Sports, Youth and Culture.

Centre programs are now on Easter break through mid- April when programs resume to the end of school year in June. The Centre programs are on hiatus over the schools' summer holidays.

Our YMCA family Centre karate programs are also on Easter break, and will also resume in April through to the end of the school year in June. All Wado-Kai Karate program participants are encouraged to register for the Annual Wado Summer Youth program, end of June through to late August / early September on the eve of the new school year 2012/13.

Our annual In-house Spring Karate Demonstrations/Tournament will be scheduled for late April / early May 2012, and will be staged at the Community Centre. This event also includes rankings and special awards for participants in all Wado programs and is open to the public.

Our annual School-Year-Closeout Program is scheduled for the YMCA in early June, and it serves as Public Relations opportunity for annual overall YMCA Summer programs offerings; and is always open to the public.

Then... IT'S OFF TO TWKK TRAINING CAMP 2012!!



Sensei Freeman at Open martial artists event staged by martial arts local/international associates on official visit of Grand Master Mohammad, Jagua Jiu Jitsu Organization, USA, to Bahamas

The following is from a Special **Thank You** poster, by our youth to the TWKK, for the support of our B&CAWKK goals and objectives that we have enjoyed over the past four decades, or so. This is particularly with regards to our Youth-at-Risk suburban programs in Northern Bahamas, including Abaco, San Salvador, Long Island, Eleuthera; and Acklins, Mayaguana and Great Inagua Islands communities in the Southern Bahamas. We are now expanding more south,



BAHAMAS/ CARIBBEAN
AIKIWA Karate Do /
Kubudoh Association

through the entire Caribbean Region, with continued growth potential. Sometimes we do forget to say "Thank you!" out loud... and publically. No one is an island... even in a region of Islands!

**TORONTO WADO-KAI KARATE CLUB LTD,
Bahamas Wado-Kai Youth Outreach Program - WE APPRECIATE YOUR SUPPORT – Thank you!**



BAHAMAS/ CARIBBEAN
AIKIWA Karate Do /
Kubudoh Association




**TWKK WINTER
TOURNAMENT
RESULTS**

**Congratulations to all the participants in the
Tournament in Thornhill, February 25, 2012**

Division	Event	1 st Place	2 nd Place	3 rd Place
CHILDREN 5 to 8 Yrs				
Yellow – Orange	Kata	Marc S. Orange, Brooklin-Whitby	Dorian W. Yellow, Brooklin-Whitby	Tyler I. Yellow, Brooklin-Whitby
White – Orange	Kumite	Griffin I. Orange, Brooklin-Whitby	Jack M. White, Brooklin-Whitby	Austyn C. Orange, Clarington
CHILDREN 9 to 12 Yrs				
White – Orange	Kata	Kadin C. Yellow, Brooklin-Whitby	Haven M. White, Oshawa-Whitby	Tony C. Yellow, Ajax-Pickering
Green – Blue		Ethan M. Blue, Oshawa-Whitby	Jarrold W. Green Brooklin-Whitby	Leighton T. Brown, Clarington
Yellow – Orange	Kumite	Rachel H. Yellow, Ajax-Pickering	Tony C. Yellow, Markham	Madeline W. Yellow, Brooklin-Whitby
Green – Brown		Jessica G. Blue, Ajax-Pickering	Mackenzie R. Blue, Clarington	Lucas C. Brown, Ajax-Pickering
JUNIORS & ADULTS				
White – Yellow	Kata	Lindsay McKeen White, Ajax-Pickering	Heather Docherz White, Ajax-Pickering	Gillian Warner Yellow, Brooklin-Whitby
Orange – Green		Marius Butuc Green, Unionville	David Burns Green, Oshawa-Whitby	
Blue – Brown		Lianne Robbins Blue, Clarington	Eric Livingston Brown, Ajax-Pickering	Paul Salim Brown, Ajax-Pickering
Black Belts		Alex Nguyen Yodan, Thornhill	Kristina Haghoo Jr Black Belt (Red),	Tiago Magalhaes Shodan, Ryerson
White – Yellow Men	Kumite	Umair Nasir Yellow, Ryerson		
White – Blue Women		Lianne Robbins Blue, Clarington	Lindsay McKeen White, Ajax-Pickering	Gillian Warner Yellow, Brooklin-Whitby
Orange – Green Men		Doug Backwell Orange, Clarington		
Blue – Shodan-Ho Men		Paul Salim Brown, Ajax-Pickering	Colton Maddigan Shodan-Ho, Oshawa-Whitby	Noah Swan Blue, Clarington
Black Belts Women		Lenore Eng Nidan, West End		
Black Belts Men		Max Voznyy Shodan, Seikikai (Etobicoke)	Tiago Magalhaes Shodan, Ryerson	Alex Nguyen Yodan, Thornhill

THE END OF AN ERA

By Sensei Joe Fagundes Godan

Eleven years ago, I was given the opportunity to do something that I had always aspired to do as a martial artist, and that was to one day have my own dojo (club). When another location was forced to close, there was a small group of enthusiastic seven and eight year olds, including my daughter Victoria, who wanted to carry on training, but no longer had a place to train. At that time, I was only able to find an 8' x 10' space for us to train for the next six months, until the karate gods finally realized that we needed more space.

For the next five years, our home was the more than adequate space at Kombat Arts Academy... my many thanks to **Sifu Joey del Los Reyes** for that opportunity! Within that time, our club had grown to thirty-six students and, as a result I, too, had grown as an instructor. Six years ago **Sensei Steve Borda** called me up to tell me that someone he knew (**Sensei Nic Mills**) was thinking of opening up a traditional dojo for his Aikido, and he was looking for someone to share the space with him... an opportunity that I just could not pass up. In one week, we converted an old Apple Auto Glass garage into a traditional Japanese Dojo. Sendokan Dojo became our home and has been to this day.

As much as I was challenging my students they, too, were beginning challenge me. At this point, I set out to learn as much as I possibly could in order to better equip my students. This process refined my way of thinking, not only as an instructor, but as a martial artist in general. As my students progressed through their ranks to the point of achieving their Black Belts, seeing the positive changes in them as they matured were my greatest rewards as an instructor.

Over the years, I was very fortunate to have such a great group of students who were eager to learn... they infused me with the desire to teach. It was through them that I learned not only to teach, but also learned the fine art of patience. I am happy to say that the original group (six) with which I started West End Wado-Kai, all achieved their Black belts (one a Jr. Shodan). They have all gone on to pursue their education with the knowledge that through hard work and dedication they can achieve anything they set out to do. To-date, West End has graded nine Black Belts, with four more presently preparing for their rankings this year.



As much as I thought I could run the club on my own, I was wrong... I was quickly taught that "no man is an island" by one of my adult students, Sensei **Lenore**. Because of her enthusiasm and undying efforts to create a better environment at the dojo for all, I made her my assistant. I am very grateful for all of her help through the years.

Unfortunately, our student numbers have been dropping; the time has come when we are no longer able to keep our club in operation and are forced to shut down the West End club. As of May 1, 2012 the students of West End Wado-Kai will be carrying on their training with Sensei **Steve Borda** of the Seikikai Martial Arts at the Etobicoke Olympium. Sensei Steve presently has classes Wednesday, Friday, and Sunday, and will offer an additional class at the current West End club location. During this transition, I will still be around from time to time to train along with you, but eventually I will be moving on to pursue my other passion in the interest of laido, as well as to dedicate more time to my family. This has clearly been a heart-wrenching decision for me to make, but life has dictated our next move. I will, however, forever be a member of TWKK, as it has been my home for the last twenty-two years and, with that, many lifelong friendships have been made.

To all of you who have visited West End to share in your knowledge with us, I thank you; and my students thank you all... what good is knowledge, if not shared. To all of my past and present students, as well as sensei, you have all played an integral part in the person I have become today... I may have taught some of you, but I have learned from all of you... thank you!!



Sensei Dave Manara and Joe Fagundes and the karate-kas of the West End Wado-Kai Karate Club

KARATE AND THE JOB

Your martial arts training does count when looking for a job. As a point of interest, the Canadian Border Services Agency (CBSA) in Toronto at Pearson airport has a big recruitment program underway. You must have successfully completed a secondary school education and there is now no language requirement. One karate-ka found that his karate training helped in the fitness and self-defense classes. This may be an opportunity to work for the Government of Canada and travel in our country. The Canadian Border Services Agency is now hiring CBSA officers. <http://www.cbsa-asfc.gc.ca/job-emploi/bsa-asf/menu-eng.html>

TORONTO WADO-KAI KARATE CLUBS AND CLUB HEADS

AJAX-PICKERING – Eric Bergman & Julie Bergman	BLOOR STREET (Toronto) – Leaton Bernard
BAHAMAS/CARIBBEAN AIKIWA – Freeman Thurston	OSHAWA-WHITBY – Jose-Carlos Garcia
BEAUBASSIN (Halifax) – Dan Duce & Kim Duggan	PORT PERRY – Ron Ruskay
BROOKLIN-WHITBY – Ron Sheyan	RYERSON (Toronto) – Leaton Bernard
CALGARY – Steve Henrich	SEIKIKAI MARTIAL ARTS (Etobicoke) – Steve Borda
CLARINGTON – Derek Barton & Weldon Zabizewski	THORNHILL – Dave Manara
EDMONTON Clubs – Randy James & Andre Beauregard	UNIONVILLE – Dave Manara
LAURENTIAN VALLEY – Margaret Michael & Jim Sullivan	WEST END (Mississauga) – Joe Fagundes

TORONTO WADO-KAI SENIOR DAN COUNCIL

Kudan (9 th Degree Black Belt)	Dave Manara
Sichidan (7 th Degree Black Belt)	Steve Borda, Jose-Carlos Garcia
Rokudan (6 th Degree Black Belt)	Robb Dods, Randy James, Ray Kennedy, Michael McCarthy, Larry O'Grady, Ron Sheyan, Freeman Thurston
Godan (5 th Degree Black Belt)	Andre Beauregard, Eric Bergman, Leaton Bernard, Biller Ching, Joel Cohen, Joe Fagundes, Steve Henrich, Ian Mador, Tony Marziliano, Margaret Michael, Ron Ruskay, Jim Sullivan, Ed Young
Yodan (4 th Degree Black Belt)	Andy Basacchi, James Darker, Frank Murphy, Alex Nguyen, Anthony Woodward, Heather Cant-Woodward