

OCTOBER 2017

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(9th Degree Black Belt)

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(6th Degree Black Belt)

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(3rd Degree Black Belt)

INTRODUCTION

For some clubs, it is Welcome Back time after a summer hiatus. For those dojos that were open this summer, in Ontario at least it was a cooler season that would have made for more comfortable workouts rather than the sizzling ones of last summer. Of course, I prefer to have the hotter summers, but I'm not working out in hot dojos anymore.

We always like to surprise with news if we can. Read about the announcement of Sensei **Ron Sheyan's** retirement as active Club Head at the end of this year. Sensei **Anthony Woodward** and **Heather Cant-Woodward** will be picking up the shared Club Head reins for the Brooklin-Whitby dojo. Read more about why we will still be seeing Sensei Ron around, maybe more often for some of us.

On the last Saturday of this month, October 28th, is the **Toronto Wado-Kai Tournament** being held in Thornhill. We hope to see everyone out to participate and support your fellow karate-kas! The flyer is included at the end of this issue.

And more surprise news of a sadder note from the Oshawa-Whitby club is their announcement that there will not be the annual Children's Tournament this year. This is the first time since its inception 35 years ago that a decision to cancel the tournament has come about.

It has been awhile, but once again we are having a **TWKK Awards Dinner** on Friday November 3, 2017 at the Canadiana Banquet Hall, Six Points Plaza in Etobicoke. You can still buy your tickets, but time is growing short. Sensei Manara must have the headcount by the Tournament, so if you are interested let him know now. For more information see the attached flyer at the end of this issue.

Every year Sensei **Tony Marziliano** hosts a charity event for assisting individuals and families affected with eating disorders. Come out to this year's fun night with a Beatles experience on Friday, November 24th at the Riviera Banquet Hall. This year's theme is a Tribute to Lennon & McCartney. Come out and support this worthwhile charity. Tony asks that you buy your tickets by October 27th. For more information there is also a flyer at the end of this issue.

Well, seems there are lots of things happening this fall. Watch for the next issue after Christmas for results of the Tournament and maybe some new Yudansha rankings; and of course, more news for the Clubs.

As always, enjoy your read! > **EDITOR ROBB DODS**

TORONTO WADO-KAI KARATE CLUB LTD.

TORONTO WADO-KAI WEBSITE: WWW.TORONTOWADOKAI.COM COMMUNICATIONS: TWKK@PSSNETWORK.CA
PHONE: (416) 801-7435



Changing of the Guard

Effective December 31, 2017, Sensei **Ron Sheyan**, 6th Dan, will be retiring from the role of owning / running the Brooklin-Whitby Karate Club. He will not, however, be retiring from Karate! No WAY! ☺ Sensei Ron has recently celebrated his 69th birthday and has entered into his 70th year on this little blue planet. Sensei Ron opened the club over 18 years ago and it has grown to be a well-respected and successful club located in Brooklin, Ontario (a Ward of the Town of Whitby).

Turning over the club was not an easy decision to make, but from a larger point of view it is the right thing to do. Succession planning is a healthy way to ensure a smooth turnover / transition to properly qualified individuals. And, to that point, effective January 1, 2018, the new owners and head instructors will be Sensei **Anthony Woodward** 5th Dan, and Sensei **Heather Cant-Woodward** 5th Dan. From an historic point of view, Sensei Heather began her training in the fall of 1986 in the first children's class that Sensei Ron taught at Durham College under the guidance of Sensei **Jose-Carlos Garcia**. Sensei Anthony joined the Durham College Adults' class in 1990. Sensei Heather has been a part of Brooklin Karate since its inception in the fall of 1999 and Sensei Anthony joined six months later. Both have been in leadership roles during all of that time and are very well liked and respected.

As for Sensei Ron, he will continue to attend the Brooklin-Whitby dojo and assist when and where needed. He will take vacations and attend his grandchildren's special occasions☺. He will also resurrect his "Toronto Wado-Kai Karate Ambassador" role. In the past Sensei Ron (prior to starting his club, and also during) took on a role where he would visit local clubs. Ron always called it his circuit riding job, but it became to be known as his "TWKK Ambassador" role. There were several purposes for the visits:

- 1) to give the students exposure to a different Sensei
- 2) to let the students know that there was a larger organization that they belonged to
- 3) to perhaps introduce new games and drills to the whole class
- 4) to work with the Sensei of the dojo and the senior students to ensure that they were progressing within their belt levels
- 5) to answer any and all questions that they may have; and
- 6) to give the club Sensei a bit of a rest for the evening



Congratulations Sensei Ron on your retirement from running the business. Best wishes Sensei Heather and Anthony on your new endeavour.

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Seikikai Karate Camp – Summer 2017

So what happens when you put fun / basics / flow drills / contact drills / throws / break falls / kata together all in one day?
You get the first annual Seikikai one-day Karate Camp!



Sensei **Steve Borda** was kind enough to host the inaugural annual one-day karate clinic at his farm, near Caledon on Saturday July 8th. The day started at 10:00am with the first class being a warm up with basics to get everyone moving, followed by a couple of Sensei's flow drills.

At 11:00am we started with pad work, working from small hand target mitts to kicking pads. After brief introductions to "BOB" (body opponent bag) karate-kas were given the opportunity to beat 'The Bob' !! Afterwards, each karate-ka was given the opportunity to spar with the Redman (a.k.a. Sensei Max)!!



A BBQ lunch was served at noon with Sensei **Rob Stark** as special surprise guest chef! Everyone was well fed and watered!

The afternoon class started at 1:00pm with Sensei **Mike McCarthy** going through various versions of break falls, rolls and throws. Which then escalated to applying the throws and break falls in katas. Sensei Steve led the second class at 2:00pm, teaching everyone a new kata Nipaipo. In his usual fashion, he provided easy to understand instruction with bunkia, making the lesson even more enjoyable.

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Our first Seikikai Karate-ka was a huge success! Thanks to Sensei Steve and Sharon for hosting !



We're already looking forward to next year's Karate Camp !



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NEWS FROM CLUBS

Mission to Introduce Wado-Kai Karate to the Islands

Sensei Freeman Thurston, Chief Instructor Bahamas and Caribbean AIKIWA Wado-Kai Karate has captured his pioneering efforts in **“Mission to introduce Wado Kai Karate to the Islands”**, a project and personal challenge he embarked upon since the late 20th century. The initiative, in cooperation with Kiwanis Bahamas/Kiwanis International, was responsible directly for various Wado-Kai Karate Groups being set-up throughout The Bahamas, including The Turks and Caicos Islands. The focus was on major efforts to involve Primary, Junior High and Senior High School students, and young (and not-so-young) adults in the various communities targeted. Here are some of the successful locations and past karate-kas.

San Salvador Island Wado Kai Karate Group, Bahamas



Students at Cockburn Town, San Salvador, Bahamas, High School participating in Wado training session

Wado training participants, local Primary School, Cockburn Town, San Salvador, Bahamas



Below: Open training session, community centre basketball court community Cockburn Town vicinity,



- students and members, and adjoining Bahamas

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South Eleuthera, Bahamas, Preston Albury High School Wado Kai Karate Group



Inagua Island All Age School, Greater Inagua, Bahamas, Wado Kai Karate group



Wado Kai Karate Groups - Turks and Caicos Islands, British West Indies

Left: Caldwell Howell High School, Providenciales Island

Right: HG Robinson High School – Grand Turk Island



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Carlton Francis Primary School Wado Kai Karate Group, Nassau, New Providence, Bahamas



Long Island, South, NGM Major High School Wado Kai Karate Group



Long Island, North, High School Wado Kai Karate Group



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**BROOKLIN-WHITBY
Karate Club, Brooklin,
ON**

**Sensei Ron Sheyan,
Rokudan**
(6th Degree Black Belt)

**C.O. Heather Cant-
Woodward, Godan**
(5th Degree Black Belt)

MONDAY AND THURSDAY:
7:00 – 8:30PM



Website: <http://www.brooklinkarate.com>

Facebook: <https://www.facebook.com/BrooklinWhitbyKarate?ref=hl>

Twitter: @brooklinkarate

An Invitation To Broaden Your Horizons

Brooklin-Whitby Karate runs a monthly Senior Belt class. Students from all clubs are welcome to attend. Classes are held on the last Monday of the month at 8:30 PM. Please e-mail Sensei Ron Sheyan at karate@rogers.com if you would like to be placed on an e-mail distribution list. You can also visit www.brooklinkarate.com and click on the “News, Events, Cancellations” tab for further details.

HeberDown – 2017

We had a GREAT turnout at our annual “Heber Down Conservation Area” outdoor workout. Members from the following Clubs were in attendance: Ajax-Pickering, Brooklin-Whitby, Brooklin Hapkido, Clarington, Oshawa-Whitby, Port Perry, Seikikai (Etobicoke). A sincere thank you to all those who attended for your support and participation!!! We studied a two-person flow drill concentrating on techniques using open and empty hands.

A wonderful effort was put forth by everyone!



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Brooklin Karate Club,
Brooklin, ON



Recent Gradings

Another successful grading! Hard work and dedication has paid off for all of the students who tested for their new belts last night. Pictured from L-R (and surrounded by the Senior Belts who helped in their training) are: **Erin** (Brown Belt), **Jada** and **Sean** (Blue Belts), **Trish** (Brown Belt), and **Carter** (Blue Belt).



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**OSHAWA-
WHITBY Karate
Club, Oshawa ON**

Sensei Jose-Carlos Garcia,
Sichidan
(7th Degree Black Belt)

C.O. Theresa Virgin,
1st Kyu (Brown Belt)

YWCA CENTRE
CHILDREN & ADULTS:
TUESDAY & THURSDAY:
7PM TO 8:30PM

WALTER E HARRIS PUBLIC
SCHOOL
CHILDREN - BEGINNERS
& ADVANCED:
MONDAY &
WEDNESDAY:
7:00PM TO 8:00PM

Well folks, it is back to school and back to karate. In this issue we have good news and sad news.

We would like to congratulate the following students for their successful rankings:



< **Jordon M.**
August 3rd



Rita V.
September 7th

>

It is with trepidation and sadness to announce that, after 35 years, the Oshawa Whitby Wado-Kai is cancelling the Annual Children's Invitational Karate Tournament for 2017.

Over the past few years we have noticed that there have been less and less Wado-Kai students participating. In 2016, in fact, we had fewer participants than judges. Our club executive would like to thank you for your years of volunteering and participation to ensure that this annual event was a success and enjoyable for all the children and adults alike.

We are very fortunate to have had you involved in our tournament. Thank you so much for your many years of service to our community and to Oshawa Whitby Wado-Kai.

That's it for this issue from Oshawa Whitby Wado Kai. We would like to leave you with some memories...



> FOCUS <



Oshawa-Whitby Karate Club,
Oshawa ON



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**THORNHILL
Karate Club,
Thornhill ON**

Sensei Dave Manara
Kudan
(9th Degree Black
Belt)

C.O. Marion Dimand
Sandan
(3rd Degree Black
Belt)

THORNHILL
COMMUNITY CENTRE

As is the case with many of our dojos, summertime often brings with it a slowdown. Our summer, however, saw three of our younger students progress one more level up the ranks.

Clara has been working diligently to attain her green belt.



In addition, siblings **Emily** and **Alex** were successfully ranked, and are now proudly wearing their Shodan-Ho junior belts and now members of the Yudansha.



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AI KARATE CLU





It's Always Time for a Family Affair

Wednesday, August 18, 2017 was a very special and memorable evening for the Ruskay family. We visited Sensei **Steve Borda's** dojo in Etobicoke. I put on my Gi for the first time in three years and joined in the class with my son **Ryan** and grandson **Liam**.

Three generations of the Ruskay family in TWKK. Awesome!!!

Thank you, Sensei Steve, for this opportunity to work out with my son and grandson. >**Sensei Ron Ruskay**



13

A Tribute to Lennon and McCartney in Support of Sheena's Place

With Thanksgiving not long past, we can still all look forward to sharing good times, laughter and a variety of foods with family and friends. At the dinner table we shared events, which we encountered during the summer and touched on the coming Christmas season, reminisced on how time has elapsed since last years' Thanksgiving weekend.

It was eight years ago when we held our first HELP fundraiser, and since then we have raised over \$100,000 with your support. We have supported **Sheena's Place** in offering free services to an equivalent 100 individuals for one year, have been advocates and a voice in Vaughan in raising awareness of the lack of services for those in need and their families - voicing our concerns to politicians and executives of the new Vaughan Hospital and will continue to be a voice in the community in helping those affected with eating disorders and their families.

This years' event will be held at the Riviera Banquet Hall, located at 2800 Highway #7, at Creditstone Rd.. on Friday November 24, 2017. We will be entertained by two professional musicians providing a tribute to John Lennon and Paul McCartney. These two individuals have toured North America and are well known within the Beatles tribute bands community. Dancers from the Ballare Dance Studio will also entertain us, as well as DJ music after dinner, keeping us on the dance floor for the evening. Please see attached flyer for details of the event and feel free to email to family, friends and co-workers, inviting them to the event.

We ask for your support again and look forward to seeing you, family and friends at this years' event, which promises to be our best event to-date. We also thank all those who paid in advance upon receipt of tickets last year, as this reduced waiting time at entrance and we were able to commence event on time. **We ask that you reserve**

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your tickets by October 27th and make payment payable to "Gray and Associates, in Trust". < Sensei Tony Marziliano

TWKK Gallery

For More Pictures of TWKK Events

Visit Our Flickr Site <http://www.flickr.com/photos/33364500@N06/sets>

TORONTO WADO-KAI KARATE CLUBS AND CLUB HEADS

AJAX-PICKERING – Daina Als	LAURENTIAN VALLEY (Pembroke) – Margaret Michael & Jim Sullivan
BAHAMAS/CARIBBEAN AIKIWA – Freeman Thurston	OSHAWA-WHITBY – José-Carlos Garcia
BEAUBASSIN (Halifax) – Dan Duce & Kim Duggan	PORT PERRY – Frank Murphy
BROOKLIN-WHITBY – Ron Sheyan	RYERSON (Toronto) – Leaton Bernard
BLOOR STREET (Toronto) – Leaton Bernard	SEIKIKAI MARTIAL ARTS (Etobicoke) – Steve Borda
CALGARY – Steve Henrich	THORNHILL – Dave Manara
CLARINGTON – Robin Singh	
EDMONTON Clubs – Randy James & André Beauregard	YUDANSHA HOMBURU (Unionville) – Dave Manara

TORONTO WADO-KAI SENIOR DAN COUNCIL

Kudan (9 th Degree Black Belt)	Dave Manara
Sichidan (7 th Degree Black Belt)	Steve Borda, José-Carlos Garcia
Rokudan (6 th Degree Black Belt)	Robb Dods, Randy James, Ray Kennedy, Michael McCarthy, Larry O'Grady, Ron Sheyan, Freeman Thurston
Godan (5 th Degree Black Belt)	André Beauregard, Eric Bergman, Leaton Bernard, Heather Cant-Woodward, Biller Ching, Joel Cohen, James Darker, Steve Henrich, Ian Mador, Tony Marziliano, Margaret Michael, Ron Ruskay, Jim Sullivan, Anthony Woodward, Ed Young
Yodan (4 th Degree Black Belt)	Andy Basacchi, Ken Buck, Dan Duce, Kim Duggan, Frank Murphy, Alex Nguyen, Annamae Thurston

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FALL KARATE TOURNAMENT

SATURDAY, October 28th
THORNHILL COMMUNITY CENTRE
NE Corner of Bayview Ave. and John St. (N. of Steeles Ave.)

REGISTRATION: **9:30 AM**
TOURNAMENT START: **10:00 AM**
FINISH: **12:30 - 1:00 PM**

Please arrive on time, dressed and registered by 9:30 AM and loosen up before start time!

TOURNAMENT FEES

PARTICIPANTS: **\$25.00** One Price For Kata and/or Sparring
SPECTATORS: **\$ 5.00** Adults
\$ 3.00 Children 12 and under



For More Information Contact Sensei Robb Dods

PSST...Network

6978 Chilcot Court, Mississauga, Ontario L5N 6T9 P: 647-970-7283 E: twkk@psstnetwork.ca

Toronto Wado Kai Awards Banquet

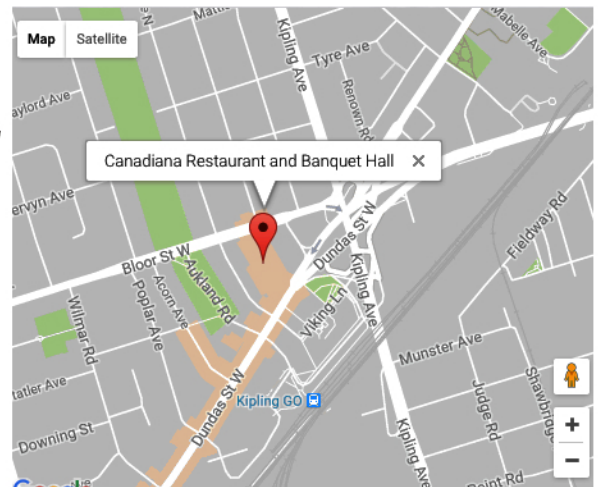
Friday, Nov.3, 2017

Cocktails 7:00 PM

Dinner 7:30 PM

***Canadiana Banquet Hall
5230 Dundas Street West
Six Points Plaza
Toronto, Ontario
M9B 1A8***

www.canadianarest.com



***Cost: \$40.00 / person
(HST & Gratuity included)***

***Contact:
Robb Dods twkk@psstnetwork.ca***

Dress - Business Casual

Tribute to : Lennon & McCartney



**RELIVE THE BEATLES EXPERIENCE
A NIGHT TO REMEMBER !**

Hors D'oeuvres,
Sit Down Dinner, Open Bar
Door Prizes, Silent & Live Auction,
Sale of Memorabilia

**Net proceeds to HELP
Individuals and Families
Affected with
Eating Disorders**

TICKETS: \$125 Adults, \$80 Students

***Friday November 24, 2017
Riviera Banquet Hall
2800 Highway 7, at Creditstone Rd.
7:00 pm, doors open at 6:30 pm
For info call Tony : 416-220-9900
Or tmarziliano@rogers.com***