

JANUARY 2018

PRESIDENT:

Dave Manara, Kudan
(9th Degree Black Belt)

VICE PRESIDENT:

Ray Kennedy, Shichidan
(7th Degree Black Belt)

TECHNICAL DIRECTORS:

José-Carlos Garcia, Shichidan
Ian Mador, Rokudan
(6th Degree Black Belt)

DIRECTOR:

Steve Borda, Shichidan

**COMMUNICATIONS DIRECTOR
& FOCUS EDITOR:**

Robb Dods, Rokudan

YUDANSHA MEMBERSHIP

DIRECTOR:

Ron Sheyan, Shichidan

CARIBBEAN DIRECTOR:

Freeman Thurston, Rokudan

SENIOR ADVISOR:

Michael McCarthy, Rokudan

WEBSITE DIRECTOR:

Leaton Bernard, Rokudan

TRAINING CAMP DIRECTOR:

Weldon Zabizewski, Sandan
(3rd Degree Black Belt)

AMBASSADORS:

Ray Kennedy, Shichidan
Ron Sheyan, Shichidan

INTRODUCTION

It is at this time of year I envy our friends from the Caribbean. It is COLD this winter here in southern Ontario, and I expect our friends in the west and in the Maritimes are going to say the same thing.

We have some interesting news-worth items to share in this issue. Since the last issue of FOCUS there has been an Awards Dinner where seven senior ranks and two Shintani Awards were presented; the tournament results are included from the October Toronto Wado-Kai event in Thornhill; Sensei Freeman Thurston has shared some history for us of the AIKIWA Karate Do (although I had to take the liberty of making a selection of excerpts); and we have a special notice honouring **Sensei Shintani**.

I am going to guess that the big question on everyone's mind is...

'Will there be a summer Training Camp this year?'

And the answer is: **Yes, there will!!!** I think a new tradition may be starting. Mark your calendars for **Saturday, July 7th** to attend Sensei **Steve Borda's Karate Training Camp**, which will be a Day at the Borda Farm, in Caledon. More information will be shared in the next issue.

On **March 3rd**, the **Winter Tournament will be held in Thornhill**. We look forward to seeing everyone out for the camaraderie and competition. We would love to see some new students come out to enjoy yourselves! Calling all Sensei!! Invite your students to attend for this important aspect of their training.

Remember, the interest for our readers is piqued by the stories our karate-kas have to share. So, please think of us, the readers, and send in your interesting tales of training. Whether humorous or serious, or somewhere in-between we would love to hear from you.

Humour is the Key!

Enjoy your read! > **EDITOR ROBB DODS**

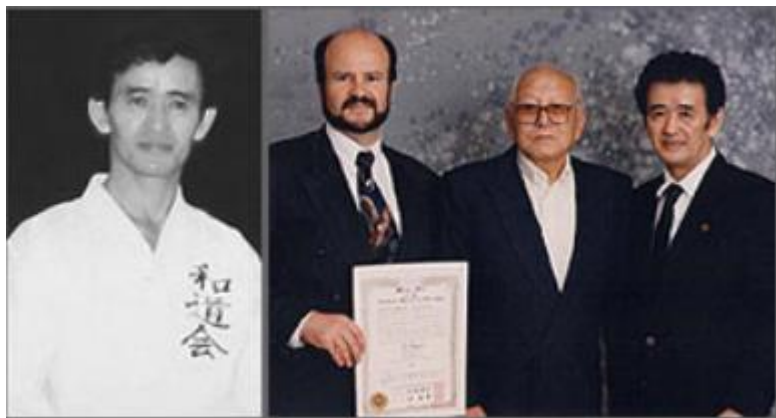


A picture of Sensei Leaton Bernard trying on a natural stone bracelet in the Bahamas. Hmmm, the things he will do!

TORONTO WADO-KAI KARATE CLUB LTD.

TORONTO WADO-KAI WEBSITE: WWW.TORONTOWADOKAI.COM COMMUNICATIONS: TWKK@PSSSTNETWORK.CA
PHONE: (416) 801-7435

Sensei Hanshi Masaru Shintani Honored with 10th Dan



Sensei Manara with Sensei Hatashita and Shintani

It was recently announced that the senior students of
Sensei Shintani
have honored him with the rank of
Jūdan (10th Dan)
posthumously

Senior Dan Council Members SENSEI ANDRÉ BEAUREGARD, Godan

Hello to all and a Happy 2018 New Year! Sensei Dods kindly asked if I wouldn't mind being featured in the FOCUS newsletter, so here is something from me.

I am Sensei André Beauregard, 5th Dan and chief instructor at André's Budo Centre in Edmonton, Alberta. I am originally from Montreal, Quebec and have been living in Edmonton since April 9th, 1988. I have been married to my wife Helen for more than 22 years and have two dogs, Sophie and Cherie. My passion for the martial arts started the moment I saw Bruce Lee's movie "The Chinese Connection" in the early 1970s. My karate journey officially started in Montreal in Kyokushinkai karate, from November 1985 to April 1988, and I was a green belt when I left that karate club. My teachers at the time were Shihan André Gilbert (6th Dan) and Sensei Alain Bonamie, 3rd Dan. In 1988, my career took me to Edmonton where I was hired as a technical translator for an aerospace company that produced technical publications for Canada's National Defence.



In front: Sensei André and Randy

In January 1989, I transitioned to Wado-Kai Karate at the Edmonton Westmount YMCA, and my teacher was Sensei Randy James, 2nd Dan. I was a Shodan-ho when I started my first karate program at J. H. Picard School in 1992, and in February 1993, Sensei Manara awarded me my Shodan rank. From that moment, I went on to develop six other



after-school karate programs in the French and French Immersion schools of Edmonton. My other ranks followed in 1995, 1998, 2004 and 2010. Sensei James was my instructor until my 2nd Dan. I am grateful for all the years of training under his tutelage. My full-time job as a translator and my involvement with the karate after-school programs has kept me very busy over the years, and still do. In 1995, it was time for me to fly solo and discover what kind of karate instructor I could become.



In 2004, I had the opportunity to train at a Yudansha class at the Ryerson club; and that same year, Sensei James and I attended the Wasaga Beach Summer Training Camp. It is there that we both received the Shintani Award. In Alberta, I also had the opportunity to work out with the Alberta Shintani Wado-Kai Karate group. It is at one of their tournaments that I met a great karate-ka, Sensei Ed Young (4th Dan at that time, which was 25 years ago)! We both teach together at one the karate after-school programs.

< In Edmonton, centered: Sensei Randy James, Dave Manara, and André Beauregard

Over the years, I had the opportunity to train with great TWKK sensei. Among them, of course, Sensei Dave Manara, Randy James, Michael McCarthy, Eric Bergman, Ian Mador, Steve Henrich and Steve Borda. I am grateful for their shared knowledge and feedback. I also have trained in Aikibudo with Sensei Pascal Morrisette.

In November 2010, Sensei Manara awarded me my 5th Dan. In 2012, I founded André's Budo Centre Inc., which became my official dojo. Since 1995, I have been fortunate to train 22 students to the black belt level (five of them made it to Nidan) plus two red belts, so far. In 2006, I joined the RCMP Auxiliary Program and was awarded in 2012 the Queen Elizabeth Jubilee Medal for the many safety talks I have given in the elementary and high schools in Edmonton.

I hope to be able to teach karate for many more years. Looking back, it is not hard for me to believe that it has already been 32 years.

Anyone from the TWKK visiting Edmonton is more than welcome to visit the Budo Centre now located at 4628 – 99 Street, Edmonton, Alberta (phone 780-440-4774), as well as Sensei Randy James (780-458-7707).



Sensei Dave Manara, 7th dan, (centre front row), strikes a traditional pose with members of the Edmonton club. The club is led by 2nd dan, Randy James (front row, second from right).

Early days, Sensei André front left

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.

2017 TWKK AWARDS DINNER

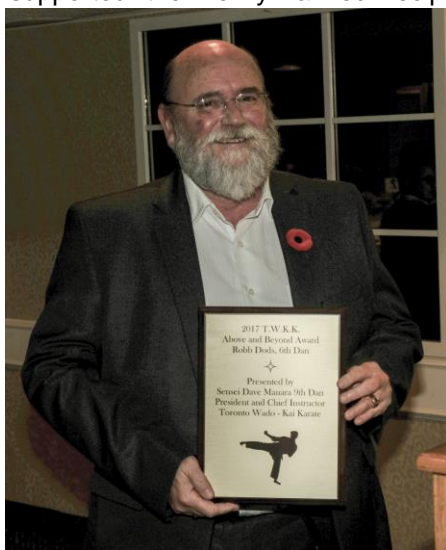
It was a night to celebrate! A night to meet old friends. A night of community. On Friday, November 3, 2017 at the Canadiana Banquet Hall in Etobicoke, Ontario, over 70 karate-kas and family members joined together to honour Yudansha members receiving seven senior rank promotions.

Two **Shintani Awards** were presented, the worthy recipients being Sensei **Biller Ching**, 6th Dan and **Anthony Woodward**, 5th Dan. This prestigious award has traditionally been presented at the historic Annual Training Camp, which did not occur this year. This was an appropriate evening to see these two deserving karate-kas receive this recognition.

Sensei **Dave Manara** presented Sensei **Robb Dods** with an award called *Above and Beyond*. It was in recognition of his continued support of the TWKK. In his remarks, Robb indicated that after he retired from teaching and training, continuing to support the organisation was a way for him to keep in touch with so many friends he would otherwise probably have lost touch with; and he continues to be introduced to new friends all the time. "It was great to see old friends here I have not seen in ages."

There were speeches by all, and both history of the organisation and appreciation was expressed for Sensei Manara and all the fellow karate-kas and family members that supported the newly ranked recipients in their years of

training, teaching and support of others. Much was made of the fact that the senior ranks represent many years of dedication to the organisation that continues today. Since its inception in 1971, the Toronto Wado-Kai has a long legacy, with many of its senior black belts still training, maybe with a little greyer hair. A little humour was added to the evening when Sensei



Dods presented Sensei Manara with black suspenders 'for better support of his gi than his black belt'. The following pages highlight the award recipients; and for more pictures of the Awards Dinner visit the TWKK Flickr website

<https://www.flickr.com/photos/33364500@N06/albums/72157689004932811>



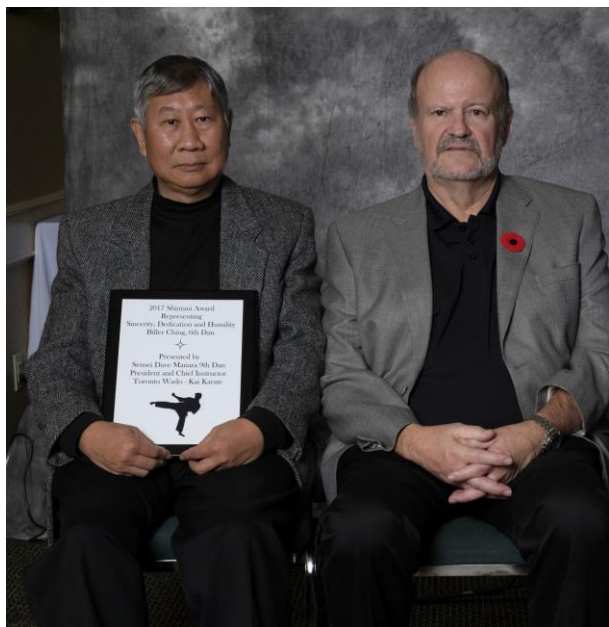
Sensei Dave and great TWKK supporter, Marilyn Manara



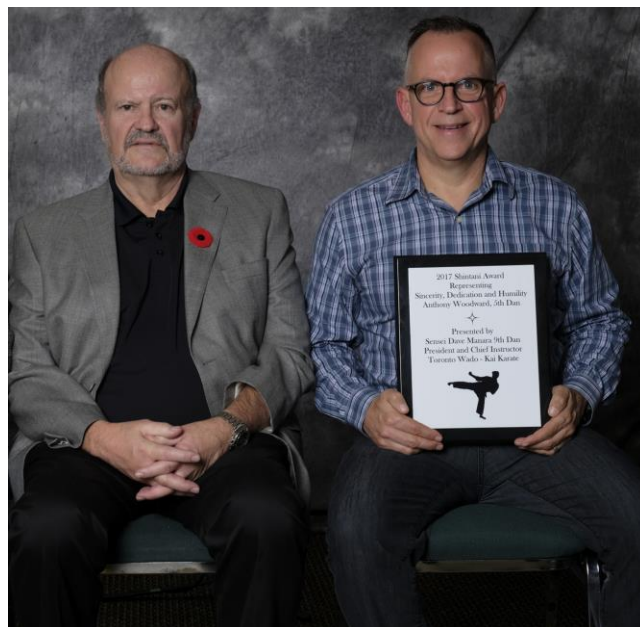


2017 AWARDS RECIPIENTS

SHINTANI AWARD RECIPIENTS



Sensei Biller Ching, Rokudan

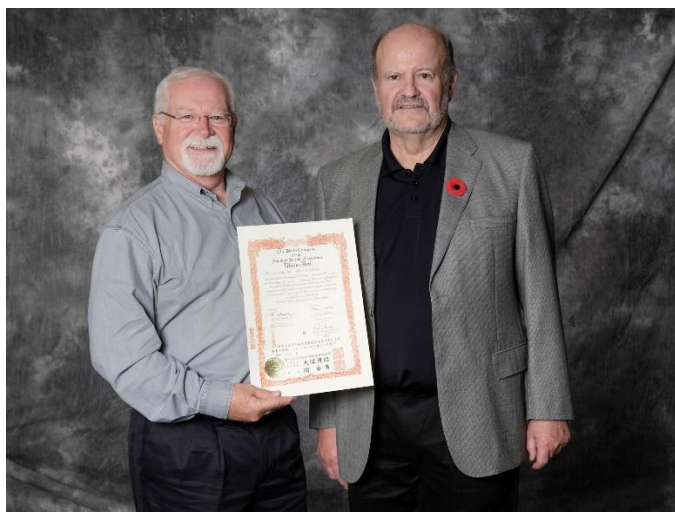


Sensei Anthony Woodward, Godan

SENIOR RANK RECIPIENTS



Sensei Ray Kennedy, Shichidan

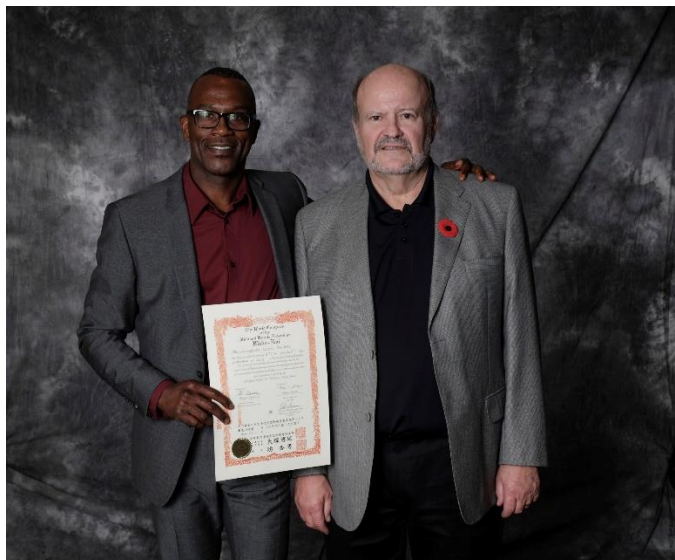


Sensei Ron Sheyan, Shichidan

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.

SENIOR RANK RECIPIENTS



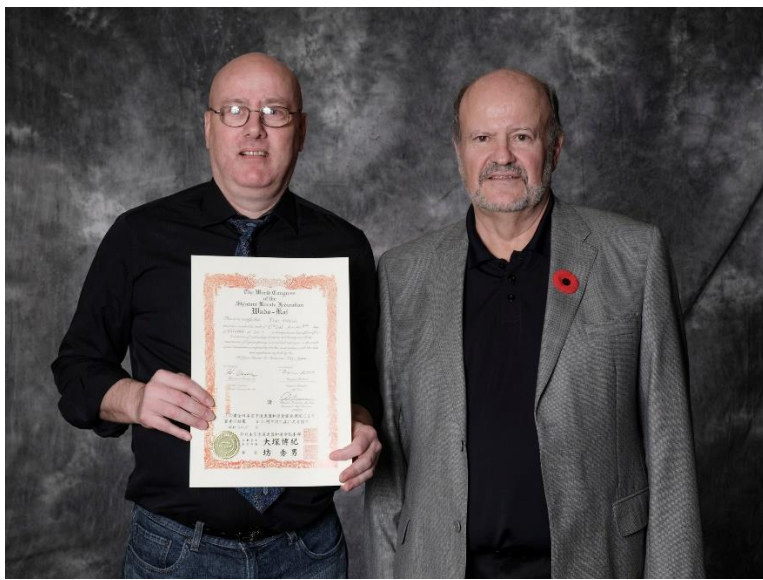
Sensei Leaton Bernard, Rokudan



Sensei Biller Ching, Rokudan



Sensei Tony Marziliano, Rokudan



Sensei Ian Mador, Rokudan

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.

SENIOR RANK RECIPIENTS



Sensei Frank Murphy, Godan



Proud Families and Friends



> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



NEWS FROM CLUBS

BROOKLIN FAMILY Karate Club, Brooklin, ON

Sensei Anthony Woodward,
Godan
(5th Degree Black Belt)

**Sensei Heather Cant-
Woodward, Godan & C.O.**
(5th Degree Black Belt)

MONDAY AND THURSDAY:
7:00 – 8:30PM



Website: <http://www.brooklinkarate.com>

Facebook: <https://www.facebook.com/BrooklinWhitbyKarate?ref=hl>

Twitter: @brooklinkarate

An Invitation To Broaden Your Horizons

Brooklin-Whitby Karate runs a monthly Senior Belt class. Students from all clubs are welcome to attend. Classes are held on the last Monday of the month at 8:30 PM. Please e-mail Sensei Anthony Woodward at karate@rogers.com if you would like to be placed on an e-mail distribution list. You can also visit www.brooklinkarate.com and click on the "News, Events, Cancellations" tab for further details.

Congratulations Sensei!

On November 3, 2017, Sensei **Ron Sheyan** became the proud recipient of his 7th Degree Black Belt.

Sensei Ron has been involved in the art of Karate for over 35 years and has gained experience through not only his many years of training, but also teaching / coaching, running his own club (Brooklin Karate) for over 18 years, assisting several local clubs with their training, developing and implementing a program for a local Seniors' club, and being involved in many aspects of the corporate entity of Toronto Wado-Kai Karate. In the accompanying photo Sensei Ron is shown receiving his 7th Dan certificate from Sensei **Dave Manara**, Founder and Chief Instructor, Toronto Wado-Kai Karate Club Ltd.



Awards Banquet 2017

At the awards banquet held in Etobicoke, Sensei **Anthony Woodward**, 5th dan, was presented with the coveted Shintani Award. It is presented annually to a person who demonstrates Sincerity, Dedication, and Humility. It was presented to Anthony by Sensei Ron Sheyan who has known Anthony for 27 years. During that time Anthony has shown a great deal of consistency: he had been consistent in his 27 years of training, rarely missing a class during that whole time; his consistent assistance towards other students has been, and is, greatly appreciated; and lastly, his consistent support of Sensei Ron and the Brooklin Karate Club has been tremendously appreciated.

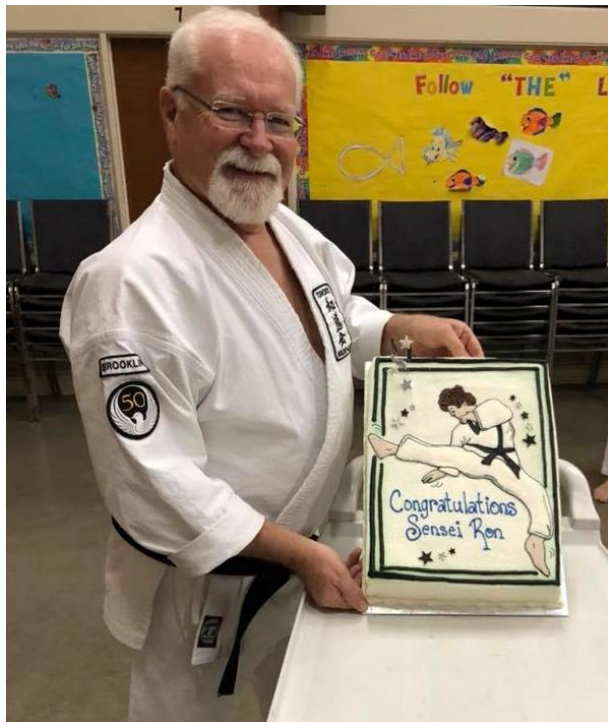
> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



Brooklin Family Karate Club,
Brooklin, ON

Anthony has demonstrated exceptional commitment and dedication, and it's been done with sincerity and humility. Congratulations Sensei Anthony.



Celebration!

In December we celebrated Sensei Ron's 35 years in karate as well as his 7th Dan and his retirement from running Brooklin Karate. We would like to thank Sensei Ron for everything he has given all of us throughout the years.

Beginning January 2018, Sensei Anthony and **Heather Woodward** will be assuming ownership of Brooklin Family Karate and becoming the head instructors. We look forward to continuing the long-tradition of a strong and vibrant karate club with our students in Brooklin.

Congratulations!!

On Monday, November 6, **Ryan** and **Chloe** headed to Toronto to test for their Yudansha (Black Belt) ranks. Ryan was successful in attaining his 1st Degree Black Belt (Shodan) and Chloe was successful in attaining her 2nd Degree Black Belt (Nidan). CONGRATULATIONS to the both of you on this very significant achievement!

In the accompanying photos, Ryan and Chloe are surrounded by the Sensei who have helped them along the path over their many years of training. Also, there are two historic photos of them when they began as white belts: one of Ryan in 2009 and one of Chloe with her dad, Steve, in 2008.



End-of-Year Bash

An absolutely fun night for the last class of 2017!! After doing our normal damage to each other during the first half of the class, we ended 2017 with our annual pizza and pop party. Merry Christmas, Happy Holidays, and a Joyous New Year to all!

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



Brooklin Family Karate Club,
Brooklin, ON



Thornhill Fall 2017 Invitational Tournament

Congratulations are in order!! On Saturday, October 28, several of our students attended the Toronto Wado-Kai Tournament in Thornhill Ontario. A big thank you for representing our club! Pictured in the photo are: **Ainsley** (2nd place in sparring), **Emily** (3rd place in sparring), **Antos** (1st place in kata), **Carter** (1st place in sparring, 3rd place in kata), and **Ella** (2nd place in sparring, 3rd place in kata). Also, thank you, **Fiona** and **Denis**, for your help at the tournament.



Recent Gradings

We have had many students successfully test for their next belt level over the past few months.

Congratulations to all of you for your dedication, effort, and success. Keep up the strong effort that you put forth on a regular basis. Your promotions are well deserved!

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



Brooklin Family Karate Club,
Brooklin, ON



Sheena, Jaclyn, Suhana, Griffin



Simran, Justin, Robyn, Antos



Natasha, Brad, Austin, Ryan



Emily and Ainsley

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



CLARINGTON Karate Club, Courtice, ON

Sensei Robin Singh, Nidan
(2nd Degree Black Belt)

**C.O. Weldon Zabizewski,
Sandan**
(3rd Degree Black Belt)

MONDAY AND WEDNESDAYS:
6:30 – 8:00PM

'Greetings to All', and wishing you a most Healthy, Happy and Successful 2018 from All at the Clarington Wado-Kai dojo! May this year take you to new heights in your Karate journey, spiritually, mentally and physically.

I (Robin) am now entering my fourth year as head of Clarington Wado-Kai and am so truly thankful to such a great organization for affording me this opportunity! I started my training many years ago with our Sensei **Vanessa** and Sensei **Weldon** and have received a wealth of learning from them over the years. And of course, over those years, too, I have had the opportunity to train in detail with so many of our Yudansha Leadership, and gained a wealth of knowledge from them all! Many a time I reflect on those interactions and recognize how these have improved me in my Karate journey, spiritually, mentally and physically, and I treasure them! All of my teachers in this organization have truly instilled in me the want to be better. To strive for perfection in character and technique, not only in our Karate, but also in our life! I look forward to the next time we meet in 2018. God Bless!

Our most recent ranking (4 Students) held in December 2017. Congratulations Students! Keep up your hard work!



From left to right, front row: **Riley, Devina, Sophia T, Joel, Sophia N.**

Back row, left to right: **Jason, Braydon, Robin, Samantha, Derek.**

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



OSHAWA- WHITBY Karate Club, Oshawa ON

Sensei Jose-Carlos Garcia
Shichidan
(7th Degree Black Belt)

C.O. Theresa Virgin,
1st Kyu (Brown Belt)

YWCA CENTRE

CHILDREN & ADULTS:
TUESDAY & THURSDAY:
7PM TO 8:30PM

WALTER E HARRIS PUBLIC SCHOOL

CHILDREN - BEGINNERS
& ADVANCED:
MONDAY &
WEDNESDAY:
7:00PM TO 8:00PM

Hope you all had a safe and happy Holiday Season. We are getting ready to start the 2018 classes--quite frankly, we need those classes just to keep warm!!!!

On December 19, 2017 we held a ranking.

Congratulations to **Annabella M.** who achieved her 3rd Kyu and **Emily M.** who achieved her 2nd Kyu. Many thanks to Sensei **Brian** and **Jennifer** for their assistance.

Well that is it for this issue.

*From Oshawa
Whitby
Wado-Kai
Our Best
Wishes to All of
You for 2018*



BAHAMAS/ CARIBBEAN AIKIWA Karate Do / Kubudoh Association

Sensei Freeman W.
Thurston, Rokudan
(6th Degree Black Belt)

CENTRE

MONDAY & FRIDAYS:
5:30 – 7PM

SATURDAYS: 10AM – 12PM

YMCA

MONDAYS & WEDNESDAYS:
4 – 5PM

SATURDAYS: 1 – 2PM

I have assembled information to serve as a documentation of our history to-date in observance of our 50-year milestone accomplishment.

We are considering a more formal series of celebratory activities. Excerpts of this, included here, provide what can be viewed as our first in a possible series of efforts.

The continued relationships forged with TWKK is expected to be continued, and the assistance and guidance of President and Sensei Dave and a literal host of Senior students are recognized, and acknowledged.



> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



Bahamas Caribbean
Aikiwa Karate Clubs,
Grand Bahama,
Bahamas

Note: The following represents excerpts from Sensei Freeman's documentation entitled "My Karate Journey – 1967-2017: 50 Years of Wado Kai Karate".

In 1967, I first visited Toronto, Canada, on a fact-finding tour - Ryerson University campus (then Ryerson Polytechnical Institute). At the time I was a high school 1967 graduate, and while working as a Cadet at the Main Dispensary of our flag-ship Government Princess Margaret Hospital, Nassau, Bahamas, I was looking to further my education for a possible career in Pharmacology. My family could not afford sending me to College, but I came to Canada to check on Colleges, anyways.

I applied in 1970/71 on the basis of an academic scholarship, but actually started courses at the Institute in the 1974/5 school year in the Chemical Technology Degree program.

I was married in 1970 to Annamae, and we had two small children a toddler son and a babe-in-arms daughter. When I left home for College in 1974, I did not bring my family. I wanted to 'see' Canada, 'up close', first. Roaming around Ryerson campus by myself, particularly around the basketball courts/multi-purpose courts, and pool levels, I came upon a notice for karate classes posted at the lower basement gym. Curiosity got the better of me, so I attended a 'signing-up' / demo session, met a steely-eyed young Instructor, David Manara, (and eventually other youthful senior students like Ray Kennedy and Jerry McPherson), and signed up for formal Wado-Kai Karate instruction. And the rest is History!



My family joined me in Canada shortly thereafter, and (now Sensei) Annamae soon started her training at Ryerson, too. The kids became the 'darling toddlers' of the class. And, Yes, we had made friendships that have endured to this day. I graduated from the Ryerson three-year Diploma Program in 1977. After a full-time employment stint as a Research Assistant at Canadian Industries Research Laboratories (CIL), Toronto, in 1978, I returned to Ryerson for the five-year Degree Program in Chemical Technology – Applied Option. Significantly, I had a job waiting back home when I graduated at Syntex Pharmaceuticals International, the company that contributed to my scholarship extensions for my Degree Program, and where I had worked 1971 -1974 in Research/Process development Laboratories, before I decided to come to Canada to further education at Ryerson.



I subsequently spent, in total, some 15 years (or so) in Pharmaceuticals (Steroids) and Fine Chemicals Laboratory Research and Development, and related Manufacturing Plant & Industrial Waste – Treatment/Environmental Systems Management. My job, and Civic activities (Kiwanis International officer, Bahamas & Caribbean District – 1985 -1996) required much Caribbean and International travels, which was excellent for me, and accounts for the growth of AIKIWA Wado-Kai Karate in this region. This provided many contributions to my personal experiences, growth, and development in martial arts training, as well. 'Have Karate-gi, will travel' was stamped on my TWKK GI Bag, which my wife, Annamae, always packed first when she's herding me off to some strange destination, again. (Yes, I still have an old gi-bag. All beat-up – an eye-sore, really, but a nostalgia item all the same)!

Sensei Annamae with Sensei Freeman and black belt student

Some 40 years ago, the Bahamas Wado-Kai (founded 1973/4) offered a summer training program at the Freeport, Grand Bahama, YMCA. Simply referred to as 'YMCA Karate Club', it was the forerunner of Bahamas Wado-Kai/Bahamas and Caribbean AIKIWA Wado-kai Karate – Kubudo) that primarily catered to under-privileged, inner-city youth and young adults. The primary objective of this program was to fill in the usually boring, mischief-prone, long hot days after the euphoria of school closings wears off, and dull, nothing-to-do reality takes root in most of our youth.

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



Bahamas Caribbean Aikiwa
Karate Clubs,
Grand Bahama, Bahamas

The program was originally seen to be a very limited, essentially a one-off “special”, as there were no plans for the karate sessions expansion, beyond the initial summer offerings.

Fate intervened, however. Bowing to public demand and support, the program was modified and offered in the Fall/Winter as a regular YMCA program. It then took on a life of its own when Community Centre programs were organized in the Spring for urban youths at various island Civic Centres, including the then newly opened Eight Mile Rock settlement YMCA facilities.

Over the ensuing 40 years, the programs expanded greatly to include primary and secondary schools. Young adults classes were organized, and a vibrant adult training program flourished. That is, programs for the whole family. The programs, offered initially ‘free-of-charge’ to all (i.e., subsidized by Sensei Freeman Thurston), are now supported by special funding by the Bahamas Government via Freeport, Grand Bahama, Local Government Council, and Corporate Friends-of-Bahamas Wado-Kai occasional grants.

Technical, and managerial support, and encouragement, were sought from the Toronto Wado-Kai Karate organization provided by Sensei Dave, personally, and via a ‘rash’ of visiting TWKK Senior Belts in the first 20 years, or so. Included were Sensei Robb Dods, Rob Stark, Blaine Beemer, Eric Goddard, and Steve Borda. A delegation of TWKK students and senior persons came to train with us in Freeport in 1992; our tireless Sensei Robb Dods gets the lion’s share of credit for making that trip happen. Our Bahamamamas did one better in 2010, with the Bahamas 2010, and what an enormous success that undertaking turned out to be!

From those early, very challenging days, the life-blood of AIKIWA Wado-Kai Karate development in the Bahamas, and by extension, the Caribbean Region as a whole to this date, has been our close, family relationships with Sensei Dave and the entire TWKK organization. Cultivated and nurtured over the decades; therein lies our Harmony, our Strength.

For Sensei Freeman’s full story go to:

<https://www.dropbox.com/sh/zc1spplf0gr1182/AABQ-8fVI75loAyK076T9fH2a?dl=0>

CONGRATULATIONS TO THE NEW BLACK BELT RANKS

Congratulations to the following Karate-kas ranked last August:

Emily Z. and **Alexander Z.** promoted to Junior Shodan-Ho, both from the Thornhill club

Congratulations to the following Yudansha members promoted at the Awards Dinner, November 3, 2017.

Ray Kennedy, Seikikai (Etobicoke) to Shichidan

Ron Sheyan, Brooklin-Whitby to Shichidan

Leaton Bernard, Bloor Street & Ryerson to Rokudan

Biller Ching, Thornhill to Rokudan

Ian Mador, TWKK to Rokudan

Tony Marziliano, Thornhill to Rokudan

Frank Murphy, Port Perry to Godan

Also ranked in November, congratulations to:

Chloe Schlichtmann promoted to Nidan – Brooklin Family Karate

Ryan Dancy promoted to Shodan – Brooklin Family Karate

Dilyar D. promoted to Jr. Shodan-Ho – Seikikai (Etobicoke)

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.


**TWKK FALL
TOURNAMENT
RESULTS**

**Congratulations to all the participants of the
Thornhill Tournament held on October 28, 2015**

Division	Event	1 st Place	2 nd Place	3 rd Place
CHILDREN 6 to 8 Yrs				
White – Green	Kata	Lucas L. , Yellow, Seikikai/Etobicoke	Ronin C. , Green, Seikikai/Etobicoke	Liam R. , White, Seikikai/Etobicoke
White – Green	Kumite	Ronin C. , Green, Seikikai/Etobicoke	Liam R. , White, Seikikai/Etobicoke	Lucas L. , Yellow, Seikikai/Etobicoke
Children 9 to 12 Yrs				
White - Blue	Kata	Antos R. White, Brooklin-Whitby	Nicolas L. , Green, Seikikai/Etobidoke	Carter P. , Blue, Brooklin-Whitby
Orange – Blue	Kumite	Carter P. , Blue, Brooklin-Whitby	Clara M. , Green, Thornhill	Nicolas L. , Green Seikikai/Etobicoke
JUNIORS (12 Yrs+)				
Orange – Brown	Kata	Roman V. , Blue, Seikikai/Etobicoke	Samantha L. , Green, Seikikai/Etobicoke	Kymara D. , Blue, Ajax-Pickering
Orange – Blue	Kumite	Samantha L. , Green, Seikikai/Etobicoke	Ainsley P. Orange, Brooklin-Whitby	Emily P. , Orange, Brooklin-Whitby
ADULTS				
White – Brown	Kata	Kara Chuogi , White, Ryerson	Ryan Ruskay , Brown, Seikikai/Etobicoke	Ella Rogalska , Brown, Brooklin-Whitby
Black Belts		Leaton Bernard , 5 th Dan, Ryerson & Bloor St.	Daina Als , 2 nd Dan, Ajax-Pickering	Steve Borda , 7 th Dan, Seikikai/Etobicoke
White – Brown	Kumite	Kara Chuogi , White, Ryerson	Ella Rogalska , Brown, Brooklin-Whitby	
Black Belts		Leaton Bernard , 5 th Dan, Ryerson & Bloor St.	Max Voznyy , 2 nd Dan, Seikikai/Etobicoke	Steve Borda , 7 th Dan, Seikikai/Etobicoke

Visit the TWKK Flickr website for pictures of the tournament <https://www.flickr.com/photos/33364500@N06/sets/72157642807836083/>

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.

**2018 YUDANSHA SCHEDULE**

<u>DATE</u>		<u>EVENT</u>	<u>LOCATION</u>
JAN 17	Wednesday	YUDANSHA	UNIONVILLE, Markham
FEB 05	Monday	RANKING	UNIONVILLE, Markham
FEB 14	Wednesday	YUDANSHA	UNIONVILLE, Markham
MAR 03	Saturday	TOURNAMENT	Thornhill Community Centre
MAR 14	Wednesday	YUDANSHA	UNIONVILLE, Markham
APR 11	Wednesday	YUDANSHA	UNIONVILLE, Markham
MAY 07	Monday	RANKING	UNIONVILLE, Markham
MAY 16	Wednesday	YUDANSHA	UNIONVILLE, Markham
JUN 13	Wednesday	YUDANSHA	UNIONVILLE, Markham
JUL 07	Saturday	TRAINING CAMP DAY	The Borda Farm, CALEDON
JUL 11	Wednesday	YUDANSHA	UNIONVILLE, Markham
AUG 01	Wednesday	RANKING	UNIONVILLE, Markham
AUG 15	Wednesday	YUDANSHA	UNIONVILLE, Markham
SEP 12	Wednesday	YUDANSHA	UNIONVILLE, Markham
OCT 17	Wednesday	YUDANSHA	UNIONVILLE, Markham
OCT 27	Saturday	TOURNAMENT	Thornhill Community Centre
NOV 05	Monday	RANKING	UNIONVILLE, Markham
NOV 14	Wednesday	YUDANSHA	UNIONVILLE, Markham
DEC 12	Wednesday	YUDANSHA	UNIONVILLE, Markham

Always check with your sensei in case of changes. Refer to the TWKK Website for current Yudansha schedule.

<http://torontowadokai.com/yudansha/schedule/>

TRAINING CAMP: At this time a Training Day Camp is scheduled, hosted by Sensei Steve Borda, Seikikai Club at the Borda Farm in Caledon, Ontario on July 7th. More information will be shared in the April issue of FOCUS.

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



Winter Wado-Kai Tournament is March 3, 2018

Thornhill Community Centre

See Flyer Attached This Issue of FOCUS

TWKK Gallery

For More Pictures of TWKK Events

Visit Our Flickr Website <http://www.flickr.com/photos/33364500@N06/sets>

TORONTO WADO-KAI KARATE CLUBS AND CLUB HEADS

AJAX-PICKERING – Daina Als	LAURENTIAN VALLEY (Pembroke) – Margaret Michael & Jim Sullivan
BAHAMAS/CARIBBEAN AIKIWA – Freeman Thurston	OSHAWA-WHITBY – José-Carlos Garcia
BEAUBASSIN (Halifax) – Dan Duce & Kim Duggan	PORT PERRY – Frank Murphy
BROOKLIN FAMILY KARATE – Anthony Woodward & Heather Cant-Woodward	RYERSON (Toronto) – Leaton Bernard
BLOOR STREET (Toronto) – Leaton Bernard	SEIKIKAI MARTIAL ARTS (Etobicoke) – Steve Borda
CALGARY – Steve Henrich	THORNHILL – Dave Manara
CLARINGTON – Robin Singh	
EDMONTON Clubs – Randy James & André Beauregard	YUDANSHA HOMBU (Unionville) – Dave Manara

TORONTO WADO-KAI SENIOR DAN COUNCIL

Kudan (9 th Degree Black Belt)	Dave Manara
Sichidan (7 th Degree Black Belt)	Steve Borda, José-Carlos Garcia, Ray Kennedy, Ron Sheyan
Rokudan (6 th Degree Black Belt)	Leaton Bernard, Biller Ching, Robb Dods, Randy James, Ian Mador, Tony Marziliano, Michael McCarthy, Larry O'Grady, Freeman Thurston
Godan (5 th Degree Black Belt)	André Beauregard, Eric Bergman, Heather Cant-Woodward, Joel Cohen, James Darker, Steve Henrich, Margaret Michael, Frank Murphy, Ron Ruskay, Jim Sullivan, Anthony Woodward, Ed Young
Yodan (4 th Degree Black Belt)	Andy Basacchi, Ken Buck, Dan Duce, Kim Duggan, Alex Nguyen, Annamae Thurston

> FOCUS <

TORONTO WADO-KAI KARATE CLUB LTD.



TORONTO WADO-KAI KARATE CLUB LTD.



WINTER KARATE TOURNAMENT

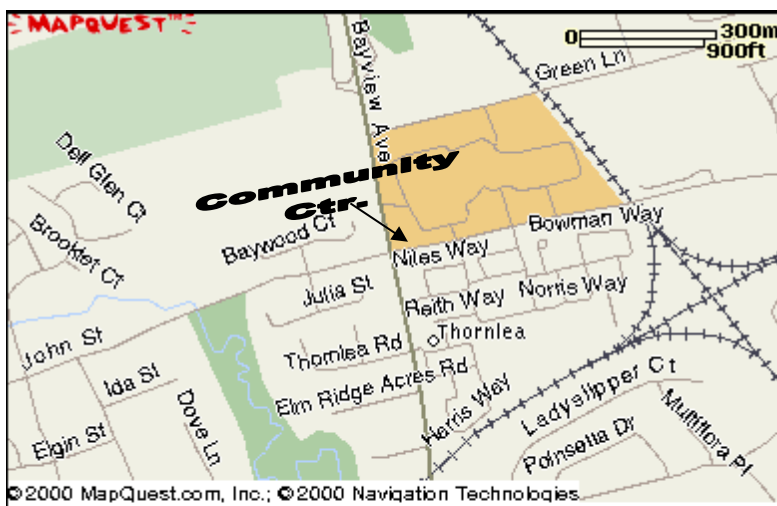
SATURDAY, March 3rd
THORNHILL COMMUNITY CENTRE
NE Corner of Bayview Ave. and John St. (N. of Steeles Ave.)

REGISTRATION: 9:30 AM
TOURNAMENT START: 10:00 AM
FINISH: 12:30 - 1:00 PM

Please arrive on time, dressed and registered by 9:30 AM and loosen up before start time!

TOURNAMENT FEES

PARTICIPANTS:	\$25.00	One Price For Kata and/or Sparring
SPECTATORS:	\$ 5.00	Adults
	\$ 3.00	Children 12 and under



For More Information Contact Sensei Robb Dods

PSST...Network

6978 Chilcot Court, Mississauga, Ontario L5N 6T9 P: 905-824-7283 E: twkk@psstnetwork.ca